

## Milady's Standard Esthetics: Fundamentals DVD Series

ISBN: 9781435402812 | Length: 100 Minutes

This two-disc set provides you with 100 minutes of instructional video, with demonstrations covering key concepts to enhance and support your classroom activities while reinforcing learning in an interactive and fun manner. This series allows you to quickly locate related topics to complement your textbook lessons. Easy-to-use navigation will save you time and effort in your presentations, making classroom teaching more efficient and effective.

## **Table of Contents**

## Disc 1:

- Basic Facial Menu
  - Client Greetings
  - o Analysis of Client's Skin
  - Cleansing
  - Exfoliation
  - Extractions
  - o Facial Massage
  - Masks
  - o Clean-up
- Specialty Facial Treatments
  - o Oily or Acneic Skin
  - o Dry Skin
  - o Mature or Sun Damaged Skin
  - Sensitive skin and Rosacea
  - Treatments for Men's Skin

## Disc 2:

- Specialty Facial Treatments
  - o Introduction to chemical Exfoliation (Peels)
  - Mature or Anti-aging Peel (Glycolic)
  - Acne Peel (Salicylic)
  - Sensitive Skin & Rosacea Peel (Lactic)
- Waxing
  - Hard Wax
  - o Soft Wax
- Makeup
  - o Basic Daytime Makeup

